Personal Field Gear for 2010 Sierra Nevada Alpine Lake Community surveys

These are the things I wear on a daily basis:

* Chacos, Tevas, or comparable reliable, performance water shoes (Keens, Salomons OK)
* Sun hat: Hat with flaps, Visor with Hanky, Bucket Hat
* Long Sleeve synthetic or cotton shirt - pockets is good
* Synthetic pants – zip offs good
* Reliable lightweight, breathable raingear
* Sunglasses MANDATORY. Polarized recommended.
* Lots of socks: synthetic / wool combos
* Hiking boots: midweight, leather/synthetic, broken in; waterproof not necessary
  + Could wear stout running shoes, light hiking shoes if ankles are strong or on trail.
* Short sleeve synthetic t-shirt like capilene
* Warm long underwear shirt and long johns (midweight)
* Fleece pullover, hoody, sweatshirt
* Down vest or jacket, or comparable synthetic
* Warm hat
* Sunscreen
* Reliable headlamp
* Multitool (they are heavy, but necessary for some tasks)
* Backpack: 4500-5500 cu in.
* Daypack for daytrips
* Tent: 5lbs or less, or tarp, bivy
* Sleeping pad: foam or inflatable <2lbs
* Sleeping bag rated to 20 degrees, recommend down
* Compression sack and other stuff sacks
* Collapsible bowl
* Stove, cookset
* Hydration system plus 1L wide mouth nalgene

Things I use less often:

* Water filter, or AquaMira
* Fleece gloves or thin wool mitts
* Mosquito headnet
* Handkerchief,
* quick dry towel or sarong
* compass